

Residential Therapist

Supporting Youth Experiencing Homelessness

360 Youth Services, a non-profit agency transforming the lives of youth for almost 50 years, is looking to hire a Residential Therapist to support youth experiencing homelessness.

Our ideal candidate has **clinical experience** or focused education related to working with young people who have experienced **complex trauma** and **providing affirming counseling with Black, Indigenous and People of Color (BIPOC) and the LGBTQ+ population.** The ideal candidate can nimbly **adapt** to the needs of our housing residents and works **efficiently**, is **team oriented** while also being **self-motivated** and **self-aware**.

This **full-time (40 hours/week)** nonexempt position is a member of the agency's Counseling and Housing Departments. The Residential Therapist will deliver counseling/therapy services to young adults, ages 18-25, living in 360 Youth Services Transitional Housing Programs. The therapist will provide weekly therapy sessions, facilitate groups and therapeutic events, and work as a mental health expert and advocate on a Housing staff team who have different roles within the housing program.

Therapist Duties & Responsibilities:

- Using a trauma informed approach that emphasizes understanding about how oppressive and
 unjust systems impact our young people, provide individual therapy services to youth that
 reside in our Transitional Housing programs. Young adults between the ages of 18 and 25 that
 are experiencing homelessness apply to enter our structured program. Residents are offered
 therapy to help learn skills, build resiliency, explore and address societal and personal traumas,
 as well as concerns related to things such as substance use, autism, anxiety, eating, and
 depression.
- Facilitate Seven Challenges groups at 2 programs each week. Maintain the necessary documentation for these groups and review and respond to Seven Challenges journals for the residents.
- 3. Maintain timely and confidential record keeping for client files.
- 4. Attend weekly group supervision and individual supervision within the counseling department.
- 5. Monitor resident engagement and create ways to engage residents in therapy, understanding that our residents may not treat therapy as a typical therapy client might in other contexts.

Housing Team Duties & Responsibilities:

- Assist in coordinating scheduling for residents to attend psychiatric appointments as well as
 participate in appointments, communicate information to specific housing programs, ensure
 necessary documentation and consents are completed, and coordinate medication procurement
 for select residents.
- 2. Actively participate at various housing meetings using the lens of being trauma informed, a social justice and mental health advocate.

Relationships:

1. A clinical supervisor from the Counseling department will be assigned. Weekly group supervision in counseling as well as informal opportunities to connect with other therapists at 360 Youth Services.

Qualifications & Characteristics:

- 1. **Education:** Master's Degree from an accredited program focused in counseling, psychology, social work or marriage and family therapy required.
- 2. Experience: Must hold or be on track to hold a State License: LCPC, LMFT, or LCSW.
- 3. **Competencies:** Must be strength based, detail-oriented, demonstrate strong problem solving skills, center your work in harm reduction and comfortable in public speaking.
- 4. **Technical:** Must have either experience or strong education in complex trauma, affirming care for LGTBQ+ young people, and competency regarding working therapeutically with BIPOC populations.
- 5. **Social Skills:** Must be a positive, engaging, open to feedback, collaborative team player with the ability to work independently and take initiative.
- 6. Leadership: Must demonstrate professionalism, flexibility, and good judgment.
- 7. Mission-Driven: Reinforces 360's mission and vision with the organization and the community.
- 8. **Collaboration:** Engages in team work with both the housing team and counseling team; is able to work with the team to develop creative ways to support our residents' mental health and well-being.
- 9. **Personal Growth:** Models adaptability and an awareness of the impact of change. Demonstrates a hunger to maintain and learn skills.

Special Conditions:

- 1. Position requires evening hours for sessions and other meetings as needed.
- 2. Must have access to a vehicle daily, a valid driver's license, good driving record, and proof of auto insurance.

ORGANIZATIONAL VALUES:

Our values unite us as an organization. They are the anchors that steer our behavior, interactions with each other, and provide a guide for decision-making.

- Compassionate: We wholeheartedly care for and listen to others
- **Empowering:** We nurture potential, build on strengths, and inspire hope for a brighter future
- Inclusive: We accept others completely as they are
- Affirming: We encourage and celebrate personal identity
- **Respectful:** We hear people where they are and are willing to work on judgments we may have towards others while treating people with the highest regard
- Authentic: We are truthful and transparent in what we say and do

About 360 Youth Services: 360 is a powerful organization joined together by a shared commitment to change lives and inspire hope. By strengthening emotional skills, reducing youth access to and use of alcohol and other drugs, and ending the experience of homelessness, 360 works passionately in our pursuit to help children, teens and young adults experience their full potential.

360 Youth Services is an equal opportunity employer. Applicants of color and those who identify as LGBTQ+ are highly encouraged to apply. Decisions and criteria governing the employment relationship with all employees are made in a nondiscriminatory manner, without regard to race, color, creed, religion, national origin, sex, marital status, pregnancy, disability, sexual orientation, gender identity or expression, veteran status, age, FMLA status, or any other factor determined to be unlawful by federal, state or local statues.

To apply for this position, please email a cover letter and your resume to: msmith@360youthservices.org.

For more information about 360 Youth Services visit our website at: www.360youthservices.org