

I DON'T VAPE

EVERY DAY I MAKE A LOT OF DECISIONS

from what I'm going to wear to what I'm doing on the weekend. Some of those decisions may not matter too much, but others can have a considerable impact.

I want to think clearly to make decisions that set me up for success. Nicotine in e-cigarettes can lower impulse control, making it harder to make good decisions and easier to engage in riskier behaviors.

THE BEST CHOICE I CAN MAKE IS NOT TO VAPE!

JUST FOR FUN!

- Some cats are allergic to humans.
- Coca-Cola was the first soft drink in space.
- Newborn babies don't shed tears.

Source: e-cigarettes.surgeongeneral.gov/knowtherisks.html

MY
DECISIONS
MATTER

