

# COMMUNITY RESOURCE GUIDE

2023



*Youth  
Services*

**A GUIDE OF LOCAL ORGANIZATIONS THAT WILL BENEFIT COMMUNITY MEMBERS**

**Inclusion in this list does not indicate endorsement by 360 Youth Services**

**Our Mission** is to provide life-changing services for youth through substance use prevention education, counseling and housing.

**Our Vision** is a community where all youth possess the necessary skills to successfully navigate life's challenges.

**Our History** is rich and challenging. 360 Youth Services began in 1971 when a group of concerned parents, community, and religious leaders recognized the need for professional, youth-centered services in the Naperville community. They formed a council that eventually became a non-profit organization referred to as Naperville Community Outreach. In 2011, the organization changed its name to 360 Youth Services to better reflect its mission and vision.

All Emergencies & Ambulance.....	911
Aurora Fire (non-emergency).....	630-256-4000
Aurora Police (non-emergency).....	630-256-5000
Aurora Township.....	630-897-8777
Bolingbrook Police (non-emergency).....	630-226-8600
DuPage County Sheriff.....	630-682-7256
DuPage Township.....	630-759-1317
Edward-Elmhurst Hospital & Health Services.....	630-527-3000
IDOT Roadside Emergencies.....	*999
Lisle Police (non-emergency).....	630-271-4200
Lisle Fire (non-emergency).....	630-964-2233
Lisle Township.....	630-968-2087
Naperville Chamber of Commerce.....	630-355-4141
Naperville Convention & Visitors Bureau.....	630-305-7701
Naperville Development Partnership.....	630-305-7701
Naperville Fire (non-emergency).....	630-420-6142
Naperville Library.....	630-961-4100
Naperville Municipal Center.....	630-420-6111
Naperville Park District.....	630-848-5000
Naperville Police (non-emergency).....	630-420-6666
Naperville Post Office (main branch).....	630-717-2662
Naperville Township.....	630-355-2786
Poison Control.....	800-222-1222
Secretary of State Facility.....	312-793-1010
Will County Sheriff.....	815-727-8575

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## Adoption

### [Lutheran Child & Family Services of Illinois](#)

One Oakbrook Terrace, Suite 501  
Oakbrook Terrace, IL 60181  
(708) 771-7180

## After School

### [After School Sports](#)

1607 Legacy Cir, Naperville, IL  
(630) 245-1100

### [Alive Center for Teens](#)

500 W 5<sup>th</sup> Ave, Naperville, IL (630)  
778-6093

### [Boys and Girls Club of the Naperville Area](#)

1313 N Mill St, Naperville, IL  
(630) 335-7037

### [Fry Family YMCA](#)

2120 W 95th St, Naperville, IL 60564  
(630) 904-9595

[The Fusion Project](#) is a free after school program for junior high girls that creates opportunities for girls to celebrate who they are, to recognize their talents, and to find their voices.

503 Bent Tree Ct, Oswego, IL 60543 (630)  
258-8246

### [Naperville Park District](#)

320 W. Jackson Ave, Naperville IL 60540  
(630) 848-5000

## Birth Parent Services

### [Lutheran Child & Family Services of Illinois](#)

One Oakbrook Terrace, Suite 501  
Oakbrook Terrace, IL 60181  
(708) 771-7180

# Community Based Health

Access DuPage is a collaborative effort by thousands of individuals and hundreds of organizations in DuPage County to provide access to medical services to the county's low-income, medically uninsured residents. For more information on qualifications, hours and locations visit the [Access DuPage](#) website.

Getting a same-day visit with an Advocate Medical Group provider is as easy as stopping into your neighborhood Walgreens. Get treated for minor injuries and illness, or receive prevention and wellness services. Most locations are open seven days a week with hours to fit your schedule. Most major insurance plans accepted. Book your [appointment online now](#) or visit the [Walgreens website](#) to find a location near you.

The broad goal of [Community Health Services](#), at the DuPage County Health Department, is to improve the health status of the community through the provision of services that support health (WIC and FCM); through partnerships with existing providers within the community, through the reduction/elimination of barriers by linking residents with accessible care, or in very limited cases, through the provision of the health service to residents.

A CVS MinuteClinic is a walk-in medical clinic that is staffed by nurse practitioners and physician assistants who specialize in family health care and are trained to diagnose, treat and write prescriptions for minor, acute illnesses and provide vaccinations. For a list of other services in your area and store locations visit the [CVS MinuteClinic website](#).

[DuPage County Community Resource Information System \(CRIS\)](#) is a civic database of organizations providing human services in DuPage County.

The DuPage Dispensary of Hope is a new free pharmacy program. If you are low income and uninsured, including Access DuPage members, some or all of your medications may be available for free through our Wheaton based location. The DuPage Health Coalition is partnering with DuPage County to offer this service free of charge to those who qualify. You must have a valid prescription and meet program guidelines to receive medication. For more information on qualifications, hours and locations visit the [DuPage Dispensary of Hope](#) website.

Planned Parenthood is America's most trusted provider of reproductive health care. Our skilled health care professionals are dedicated to offering all people high-quality, affordable medical care. For more information on hours and locations visit the [Planned Parenthood](#) website.

[VNA Health Care](#) is a humanitarian, not-for-profit organization that provides compassionate, dependable and complete primary care and community health services. Recognizing each person as equal, VNA offers quality care to patients regardless of their ability to pay in accordance with our charitable-care policies.

# Community Safety

## How to Report a Concern

To anonymously report legitimate and genuine concerns about the safety of a student please use: [District 203 Tipline](#) for District 203 students and [Tip204](#) for District 204 students.

Crime Stoppers is a program separate from the emergency telephone number 911 system and allows a member of the community to provide anonymous information about criminal activity, without fear of reprisal, apathy or reluctance to get involved. It thereby allows the person to provide crime solving assistance without being directly involved in the investigation process.

[DuPage County Crime Stoppers](#)

[Naperville Crime Stoppers Crime](#)

[Stoppers of Will County](#)

### [Aurora Police Department](#)

1200 E Indian Trail, Aurora, IL 60505  
(630)256-5000

### [Bolingbrook Police Department](#)

375 W Briarcliff Rd, Bolingbrook, IL 60440  
(630) 226-8600

### [Lisle Police Department](#)

5040 Lincoln Ave, Lisle, IL 60532  
(630) 271-4200

### [Naperville Police Department](#)

1350 Aurora Ave, Naperville, IL 60540  
(630) 420-6666

School Resource Officers work at the schools in collaboration with the school and community- based organizations. They are sworn law enforcement officers who provide security and crime prevention services within the school. For more information on local programs please visit the following links: [Lisle School Resource Officers](#) and [Naperville School Resource Officers](#).

# Diversity, Inclusion, Racial Equity Resources

## Local

[District 203 Diversity & Inclusion](#) Site of Naperville School District 203 contacts, groups, initiatives.

[S.U.C.C.E.S.S.](#) School Using Coordinated Community Efforts to Strengthen Students is a parent-led volunteer group devoted to black students/children of color to reach full academic potential within Naperville School District 203.

[Indian Prairie School District 204 Parent Diversity Advisory Council](#) (IPSD204 PDAC) Parent group advancing commitment to equity and educational excellence.

[P3](#) Contact to connect with IPSD204 parents of black students/children of color via Paths (NVHS), Paces (MVHS), and Pages (WVHS).

[DuPage County NAACP Youth Council](#) Local branch of NAACP.

[Hispanic Resource/Latino Outreach Center](#) Hub for DuPage County community, financial, educational resources.

[The Leadership Initiative](#) Services, programs, activities, and mentoring for underserved African American communities of the Western suburbs.

[LF Educational Consulting](#) Preparing families and guiding students of color through high school so they excel at the college admission process.

[The Metropolitan Asian Family Services \(MAFS\)](#) Comprehensive and integrated social services for the immigrant population of India, Pakistan, Bangladesh, the Middle East & European countries.

[Muslim Resource Center](#) Housing, food pantry, job skills, tutoring, counseling for Muslims and Non-Muslims.

[Naperville Neighbors United](#) The community is invited to have courageous conversations to make Naperville inclusive and welcoming to all residents.

[360 Youth Services Overcoming Racial Bias in Prevention](#) Guidelines for those working, volunteering and partnering on projects with youth and families, especially in substance-use prevention, for overcoming racial bias.

## National

[American Psychological Association](#) Talking to kids about discrimination.

[Media Smarts](#) Talking to kids about racial stereotypes – tip sheet.

[NAACP ACT-SO](#) Afro-Academic, Cultural, Technological and Scientific Olympics, a yearlong program for high school students.

[National Association of Independent Schools](#) What White Children Need to Know About Race.

[Oakland Public Library](#) Talking to Kids About Racism and Justice.

[Racial Equity Tools](#) Hub of ideas for increasing understanding and to help those working toward justice.

[Southern Poverty Law Center](#) Site features sections for kids, teens, parents, and teachers. “For Teens” to learn 10 Ways to Fight Hate and order a free “Mix It Up Handbook” to start a dialogue on the social climate in your school.

## Domestic Violence/Sexual Assault Information

### [Family Shelter Services \(DuPage County\)](#)

605 E Roosevelt Rd, Wheaton, IL

Phone: (630) 221-8290

Hotline: (630) 469-5650

[FOCUS Ministries Inc.](#) Faith-based counseling for victims of domestic violence.

P. O. Box 2014, Elmhurst, IL

(630) 617-0088

[Guardian Angel](#) services offered in English & Spanish.

168 N Ottawa St, Joliet, Illinois 60432

Domestic Violence Hotline: 815-729-1228

Sexual Assault Hotline: 815-730-8984

### [Illinois Coalition Against Sexual Assault \(ICASA\)](#)

(217) 753-4117

### [Illinois Domestic Violence Helpline](#)

(877) TO END DV (863-6338)

### [Mutual Ground](#)

418 Oak Ave, Aurora IL 60506

Domestic Violence Hotline: (630) 897-0080

Sexual Assault Hotline: (630) 897-8383

Spanish speaking advocates are available.

[Naperville Police Department](#) has information about resources available to domestic violence victims to help stop the cycle of abuse.

### [National Coalition Against Domestic Violence](#)

(303) 839-1852

### [National Domestic Violence Hotline](#)

(800) 799-SAFE (7233)

[National Sexual Assault Hotline](#) Rape, Abuse & Incest National Network (RAINN) (800)

656-HOPE (4673) or (773) 871-CARE (2273)



## Foster Care

[Lutheran Child & Family Services of Illinois](#) is a leading child welfare agency offering foster care parent services. In addition, LCFS offers a foster care program serving youth, age 12-21, who are in foster care and involved with the juvenile or criminal justice system. <https://www.lcfs.org/regenerations/>

One Oakbrook Terrace, Suite 501  
Oakbrook Terrace, IL 60181  
(708) 771-7180

## Human Services

### [360 Youth Services](#)

1305 W Oswego Rd, Naperville, IL 60540  
(630) 961-2992

### [Alzheimer's Association Greater IL Chapter](#)

850 Essington Rd, Suite 200, Joliet, IL 60435  
(815) 272-2009

[Bridge Communities](#) provides resources for families experiencing homelessness

505 Crescent Blvd, Glen Ellyn, IL 60137  
(630) 545-0610

### [Court Appointed Special Advocates for Children \(CASA\) of DuPage County](#)

505 N County Farm Rd, 3rd Floor, Wheaton, IL 60187  
(630) 221-0889

[Day One PACT](#) helps people with developmental disabilities, birth-to-death

750 Warrenville Rd, Suite 300, Lisle, IL 60532  
(630) 960-9700

[DuPage County Community Resource Information System \(CRIS\)](#) is a civic database of organizations providing human services in DuPage County.

### [DuPage County Health Department](#)

115 N County Farm Rd, Wheaton, IL 60187  
(630) 682-7400

### [Easter Seals DuPage & Fox Valley](#)

830 S Addison Ave, Villa Park, IL 60181  
(630) 620-4433

### [DuPage Habitat for Humanity](#)

1600 E Roosevelt Rd, Wheaton, IL 60187  
(630) 510-3737

[Illinois Department of Human Services-  
DuPage County](#)

1717 Park St, Suite 105, Naperville, IL 60563  
(630) 328-1000

[KidsMatter](#)

320 W Jackson Ave, Naperville, IL 60540  
(630) 864-3974

[Linden Oaks Behavioral Health Main Inpatient Campus](#)

852 West St, Naperville, IL 60540  
(630) 305-5027

[Linden Oaks Behavioral Health Outpatient Center](#)

1335 N Mill St, Naperville, IL 60563  
(630) 305-5027

[Little Friends](#) empowers adults and children with special challenges, and their families, to live, learn work and thrive in their communities.

140 N Wright St, Naperville, IL 60540  
(630) 355-6533

[Loaves & Fishes Community Services](#) 1871

High Grove Ln, Naperville, IL 60540 (630)  
355-3663

[Metropolitan Family Services DuPage](#)

222 E Willow Ave, Wheaton, IL 60187  
(630) 784-4800

[National Alliance on Mental Illness DuPage County \(NAMI DuPage\)](#)

115 N County Farm Rd, Wheaton, IL 60187  
(630) 752-0066

[On Balance Parenting](#) offers resources, parent conversation circles and workshops to support parents/caregivers in raising joyful, resilient children who live whole-hearted and balanced lives.

[Our Children's Homestead](#) helps children in the foster care system.

387 Shuman Blvd, Suite 170E, Naperville, IL 60563  
(630) 369-0004

[People's Resource Center](#)

201 S Naperville Rd, Wheaton, IL 60187  
(630) 682-5402

[Project Help](#) is a home-based mentoring program for parents.

1815 W Diehl Rd, Suite 900, Naperville, IL 60563  
(630) 357-5683

[Rosecrance Health Network](#)

2135 CityGate Ln, Suite 300, Naperville, IL 60563  
(844) 711-5106

[SamaraCare](#)

1819 Bay Scott Cir, Suite 109, Naperville, IL 60540  
(630) 357-2456

[Sharing Connections Furniture Bank](#) provides furniture for families in crisis.

5111 Chase Ave, Downers Grove, IL 60515  
(630) 971-0565

[ThinkFirst National Injury Prevention Foundation](#)

1801 N Mill St, Suite F, Naperville, IL 60563  
(630) 961-1400

[Trinity Services](#) provides services and support to persons with disabilities.

301 Veterans Pkwy, New Lenox, IL 60451  
(815) 485-6197

[Turning Pointe Autism Foundation](#)

1500 W Ogden Ave, Naperville, IL 60540  
(630) 570-7948

[Will County Health Department](#)

302 N Chicago St, Joliet, IL 60432  
(815) 722-5515

# LGBTQ+ Resources

## [360 Youth Services](#)

1305 W. Oswego Rd, Naperville, IL 60540  
(630) 961-2992

360 Youth Services is proud to offer Men's, Women's and LGBTQ+ (lesbian, gay, bisexual, and transgender, queer or questioning) [Transitional Housing Programs](#) serving young people 13-24 experiencing homelessness.

[DeHQ Desi LGBTQ Helpline for South Asians](#) help with gender, identity, coming out, finding community.

[GLSEN](#) The Gay, Lesbian, and Straight Education Network is a prominent organization supporting LGBTQ+ youth. Resources are available to create safe and supportive student environments.

[Howard Brown Health](#) resources to eliminate healthcare disparities experienced by LGBTQ+ people through research, education, and services to promote health and wellness.

[Illinois Safe Schools Alliance](#) (the Alliance) promotes safety, support and healthy development for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth, in Illinois schools and communities, through advocacy, education, youth organizing and research.

## [JCA Mental Health](#)

1555 Naperville/Wheaton Rd, Suite 205, Naperville, IL 60563  
(630) 276-7922

[NAMI LGBTQ+ Support Group](#) a free, peer-led support group for LGBTQ+ adults living with mental illness. You will gain insight from hearing the challenges and successes of others, and the groups are led by NAMI-trained facilitators who have been there.

[Oak + Elm Collective Therapy](#) Offers individual therapy, family therapy, queer & trans-affirming care, and consultation and professional education.

[The Trevor Project](#) is the leading national organization focused on crisis and suicide prevention efforts among lesbian, gay, bisexual, transgender and questioning youth.

[Trevor Lifeline](#) - The only national 24/7 crisis intervention and suicide prevention lifeline for LGBTQ young people (ages 13-24), available at 1-866-488-7386.

[TrevorChat](#) - A free, confidential, secure instant messaging service for LGBTQ youth that provides live help from trained volunteer counselors, available 24/7

[TrevorText](#) - A free, confidential, secure service in which LGBTQ young people can text a trained Trevor counselor for support and crisis intervention, available 24/7/365  
(standard text messaging rates apply)  
Text START to 678678

[Q Chat Space](#) virtual drop-in support group for LGBTQ+ teens.

[Youth Outlook](#) is dedicated to the support of LGBTQ+ youth with drop-in sites in 8 counties for youth, parent support, and community education. Youth Outlook offers a list of [LGBTQ+ Affirming and Safe Therapists and Psychiatrists](#) and a list of [Resources and Self-Advocacy Links](#) including name changes and identity document resources and Spanish language resources.

[West Suburban Community Network LGBTQ+ Virtual Bulletin Board](#) Up-to-date events and resources.

## Resources for LGBTQ+ Adoption

[Lutheran Child & Family Services of Illinois](#) is a leading child welfare agency offering domestic and international adoption services. LCFS assists both single adults and couples residing in Illinois to complete an adoption regardless of their sexual orientation, gender, gender expression or gender-identification. LCFS imposes no standards regarding age of parents, number of children, number of divorces, length of marriage or marital status.

One Oakbrook Terrace, Suite 501  
Oakbrook Terrace, IL 60181  
(708) 771-7180

## Resources for LGBTQ+ Foster Care

[Lutheran Child & Family Services of Illinois](#) is a leading child welfare agency offering domestic and international adoption services. LCFS assists both single adults and couples residing in Illinois to become a foster parent, regardless of their sexual orientation, gender, gender expression or gender-identification. LCFS imposes no standards regarding age of parents, number of children, number of divorces, length of marriage or marital status.

One Oakbrook Terrace, Suite 501  
Oakbrook Terrace, IL 60181  
(708) 771-7180

## Resources for Transgender Students

[Trans Student Educational Resources](#) is a youth-led organization dedicated to transforming the educational environment for Trans and gender-nonconforming students through advocacy and empowerment.

[Beyond the Binary](#) a Tool Kit for Gender Identity Activism in Schools

[Transgender Rights Toolkit](#) a Legal Guide for Trans People and Their Advocates

[Trans Lifeline](#) is dedicated to the well-being of transgender people. They run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

Hotline: US: (877) 565-8860

## Resources for Parents, Educators and Allies

[Gender Spectrum](#) raising and educating children who don't fit neatly into male or female boxes brings a wealth of questions and uncertainties. Here you will find information and support to assist you in your search for answers.

[Schools in Transition](#) a Guide for Supporting Transgender Students in K-12 Schools

[American Psychological Association](#) offers a downloadable pamphlet that answers questions about transgender people, gender identity and gender expression.

[Trans Youth Family Allies \(TYFA\)](#) TYFA works to empower children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected. They envision a society free of suicide and violence in which all children are respected and celebrated.

[Lambda Legal](#) legal organization works for full recognition of civil rights for all LGBTQ people including trans and gender-nonconforming youth.

[U.S. Dept of Education, Supporting Transgender & Nonbinary Students in K-12 Schools](#) a presentation for school educators, administrators and school boards; parents, caregivers and those who work with youth in care; and staff from community-based school partner organizations. This 2022 presentation is provided by the National Center on Safe Supportive Learning Environments, funded by the [Office of Safe and Supportive Schools](#), U.S. Department of Education.

[Substance Abuse and Mental Health Administration \(SAMHSA\), U.S. Department of Health and Human Services, Center of Excellence, LGBTQ+ Behavioral Health Excellence, Gender Identity & Expression 101](#) is a presentation provided to help increase understanding around sexual orientation, gender identity and expression (SOGIE). Included terms and definitions, included a pronoun guide and tips.

## **OnlineSchools.org Resources for LGBTQ Students**

[Terms and definitions](#)

[Bullying and cyberbullying](#)

## Social/Support Groups in the Chicago Area

[Pinwheels](#) is a network of families embracing their children's and teen's gender creativity in a kind and loving manner. Our support group focuses on providing a monthly meeting place for parents to connect with other families by sharing information and experiences.

There are two Pinwheels groups in the greater Chicago area; one group in a Northwest suburb, the other in a South suburb. Each meeting divides attendees into two groups; a parents' discussion group and a children and teens playgroup.

Visit [www.Pinwheels.US](http://www.Pinwheels.US) for more information or to join the group.

[YouthOutlook](#) Social service agency in Illinois supporting LGBTQ+ youth.

Trans and non-binary youth [Transcend Drop-In \(Naperville\)](#) runs similarly to our other drop in centers but focuses more specifically on gender identity. Whether you identify as Transgender, Queer, Questioning, Ally or anything in between, we welcome you to join us (12-20 year olds). Meets Wednesdays from 6:30-9:00 p.m. at DuPage Unitarian Church (1828 Old Naperville Rd, Naperville, IL).

Parents of transgender youth [Thrive Parent/Caregiver Group](#) This group supports parents and caregivers actively parenting LGBTQ+ teens. This group meets the 1st and 3rd Wednesday of the month from 6:30-8:30 pm at DuPage Unitarian Church (1828 Old Naperville Rd, Naperville, IL).

[PFLAG DuPage](#) is a local chapter of PFLAG, a national organization uniting parents, families, and allies with LGBTQ+ people to move equality forward and promote well-being. For resources and meeting information e-mail: [pflagdupage@yahoo.com](mailto:pflagdupage@yahoo.com) or call (630)-415-0622

# Mental Health

## [360 Youth Services](#)

1323 Bond St, Suite 119, Naperville, IL 60563

(Counseling Office) (630) 717-9408

1305 W. Oswego Rd, Naperville, IL 60540

(Administrative Office) (630) 961-2992

## [Buddy's Place/Childhood Grief Support Group](#)

Support group meets monthly free of charge for children 4-18 grieving loss of someone significant in their lives, including overdose, suicide, homicide.

## [Camp Sheilah](#)

Helping kids 7-17 heal from homicide-related trauma, no-fee, weekend camp in Frankfort, IL.

## [DuPage County Health Department](#)

111 N County Farm Rd, Wheaton, IL 60187

(630) 682-7400

## [Edgewood Clinical Services](#)

2948 Artesian Rd, Suite 112, Naperville, IL 60564

(630) 428-7890

## [Fox Valley Institute Counseling](#)

640 N River Rd., Naperville, IL 60563

(630) 718-0717

## [Linden Oaks Behavioral Health Main Inpatient Campus](#)

852 S West St, Naperville, IL 60540

(630) 305-5027

## [Linden Oaks Behavioral Health Outpatient Center](#)

1335 N Mill St, Naperville, IL 60563

(630) 305-5027

## [Metropolitan Family Services DuPage](#)

222 E Willow Ave, Wheaton, IL 60187

(630) 784-4800

## [NAMI \(National Alliance for Mental Illness\) DuPage](#)

115 N County Farm Rd., Wheaton, IL 60187

(630) 752-0066



[Oak + Elm Collective Therapy](#)

488 N. Main Street, Suite 2N  
Glen Ellyn, IL 60137  
(630) 296-7073

[Riverwalk Counseling Center, Inc.](#)

710 E Ogden Ave, Suite 320, Naperville, IL 60563  
(630) 848-0445

[Rosecrance Naperville Office- Addiction Treatment Center](#)

2135 City Gate Ln, Suite 300, Naperville, IL 60563  
(815) 391-1000

[SamaraCare](#)

1819 Bay Scott Cir, Suite 109, Naperville, IL 60540  
(630) 357-2456

[Transformative Growth Counseling](#)

1300 Iroquois Ave, Suite 145, Naperville, IL 60563  
(630) 423-6010

## Need Help Now? Immediate Hotline Assistance

**All Emergencies & Ambulance** .....911

**BlackLine** (national 24-hour support crisis hotline, with text option, for Black, Black LGBTQI, Brown, Indigenous and Muslim community; however, no one will be turned away).....800-604-5841

**Crisis Textline**.....Text "REACH" to 741741

**Depression Hotline**.....630-482-9696

**Domestic Violence Hotline**  
(Metropolitan Family Services DuPage).....630-469-5658

**Domestic Violence Hotline** (national).....800-799-7233

**Human Trafficking Hotline**  
(National, 24/7, 200+ languages).....Text 233733, Call 888-373-7888

**Runaway Safeline** (National).....Text 66008, Call 800-RUNAWAY

**Suicide Prevention Lifeline**  
(National; if you are thinking of suicide, you deserve immediate help).....988

**Trans Lifeline**

(National; support to Trans people in crisis).....877-565-8860

**Trevor Project**

(National; LGBTQ youth suicide prevention lifeline).....866-488-7386

# Substance Use Disorder Prevention and Treatment

## Prevention

[360 Youth Services](#) provides youth prevention education, parent presentations, youth leadership and prevention retreats, communication campaigns, leadership for local prevention collaborative efforts and coalitions.

[Alive](#) is a teen drop in center with activities for local youth.

[Aurora Community Alliance](#) is a group of students, parents, school staff, civic and business leaders committed to a drug- and alcohol-free community.

[Breaking Free](#) uses nationally recognized prevention and educational programs to build the life skills people need to thrive and make positive decisions for themselves and their families.

[Community Alliance for Prevention](#) a Drug Free Community collaboration focused on prevention initiatives, messages, local data and resources about youth substance use. The Alliance utilizes evidence-based approaches and data driven methods to strengthen our community.

[Cebrin Goodman Teen Institute \(CGTI\)/Operation Snowball \(OS\)](#) CGTI hosts team-building leadership training for adolescents throughout Illinois to educate their peers and lead substance-free healthy lives held at conferences and university-based summer retreats; OS assists Snowball chapters with staff training, group facilitation/processing, parent sessions, Snowball traditions, games and activities, and other valuable resources.

[DuPage Prevention Leadership Team](#) focuses on county-level data collection and reports, strategies and projects aimed at reducing substance abuse and increasing mental wellness among DuPage County youth age 18 and under by a coalition of leaders and stakeholders.

[KidsMatter](#) provides a teen volunteer fair and job fair; internet safety and video contest; drug, alcohol and mental health presentations; and youth service awards.

[Lisle Operation Snowball](#) teen-led, adult-supported youth leadership and prevention.

[Naperville Operation Snowball](#) teen-led, adult-supported youth leadership and prevention.

[Power of Choice](#) is a primary substance use prevention program focused on growing the number of youth who make healthy choices about alcohol, tobacco, and other drugs.

[Robert Crown](#) student presentations and health curricular programs on drug use prevention, sex education, social emotional learning, and paired parent presentations.

[Will County Substance Abuse Prevention Coalition](#) works with the community to ensure a brighter future, by eliminating youth substance and alcohol use and providing opportunities that will promote a healthy and quality life.

## **Assessment for Intervention and/or Treatment**

### **Naperville/Aurora Area Crisis Text Line.**

To find support through texting, text "REACH" to 741741

**Free assessments are available at local alcohol and other drug treatment programs.**

Contact a school social worker, counselor or nurse.

### [AMITA Health Alexian Brothers Behavioral Health Hospital](#)

1650 Moon Lake Blvd, Hoffman Estates, IL 60169

(800) 432-5005

### [Breaking Free. Inc.](#)

120 Gale St, Aurora, IL 60506

(630) 897-1003

[Drug Addiction Recovery](#) offered by Linden Oaks for 11- to 18-year-olds who are experimenting with alcohol or other drugs, and their parents, to explore attitudes and behaviors related to substance use.

### [Edward Elmhurst Health, Elmhurst Hospital](#)

155 E Brush Hill Rd., Elmhurst, IL 60126

(331) 221-1000

### [Gateway Foundation](#)

400 Mercy Ln, Aurora, IL 60506

(855) 944-3595

### [Linden Oaks at Edward](#)

852 S West St, Naperville, IL 60540

(630) 305-5027

### [Rosecrance Naperville Office](#) Addiction Treatment Center

2135 City Gate Ln, Naperville, IL 60563

(815) 391-1000

### [Directory of Substance Abuse Providers in Illinois](#)

DuPage County starts on page 109; Will County starts on page 209

## Safe Disposal of Prescription and Over-The-Counter Medications

Safe disposal of unused prescription drugs helps keep our children safe. Drop boxes are available at the Naperville Police Station, all Naperville Fire Stations and the Walgreens on 87th street. For details see:

[Naperville Prescription Drug Box Drop-Off Locations](#)

[DuPage County Prescription Box Drop-Off Locations](#)

[Will County Prescription Box Drop-Off Locations](#)

[Edward-Elmhurst Health Medical Disposal Kiosk Locations](#) only accept unused or expired controlled medications, such as opioids.

[Green Initiatives - Rx Box Program](#) offers DuPage County residents a list of locations and hours.

[Lisle Police Department](#) has an RxBox located just inside the lobby, located at 5040 Lincoln Ave.

[Will County Partners for Pharmaceutical Take Back](#)

[Preventing Teen Abuse of Prescription Drugs Fact Sheet](#) from Partnership for Drug-Free Kids.

## Local Laws/Ordinances for Hosting Underage Parties

[2023-2024 Guidelines for Parties and the Laws: A Practical Guide for Parents](#) Printable pamphlet for parents to know their responsibilities in monitoring teen get-togethers on their property. Be aware that some laws have changed around marijuana. Includes the new laws, curfew, driving rules, and additional information for local residents.

## Drug Information and Warning Signs

[Effects of Marijuana](#) by Gateway (video)

[Electronic Cigarette Tip Sheet](#)

[Electronic Cigarettes: An Overview of Key Issues](#)

[Get Smart About Drugs](#)

[HopeDupage.org](#) Heroin/Opioid Prevention and Education Taskforce.

[Keeping Youth Drug-Free](#) offers advice on keeping children substance free. Review statistics about adolescent substance use, and learn tips on good communication.

[Learn About Marijuana Risks](#) marijuana is available to adults in Illinois, read more about risks that can impact a person's health and life.

[Marijuana Facts for Teens](#)

[National Institute on Drug Abuse](#) provides information and statistics on a variety of topics.

[NIDA Commonly Abused Prescription Drugs chart](#)

[Symptoms and Signs of Addiction](#) from the Illinois Department of Human Services.

[Synthetic Drugs toolkit](#) from Partnership at Drugfree.org

[Smart Approaches to Marijuana \(SAM\)](#)

[Marijuana Talk Kit](#) what you need to know to talk with your teen about marijuana.

[Teens & Weed: Still a Big Deal](#) a parent's guide to talk with a teenager about marijuana from Rosecrance.

[Help for Parents: Teen Drug Use and Alcohol Use](#) from the Gateway Foundation.

[Vaping or E-Cigarette Resources](#) from the DuPage County Health Department.

[Tobacco Facts and Stats](#) from the Campaign for Tobacco-Free Kids.

## **Parent Information, Newsletters and Video**

[Glenbard Parent Series](#) programs to inspire and educate parents, and community members to face the challenges of working with and parenting young people today. Programs are held at the four Glenbard high schools, area middle schools, and the College of DuPage. The public is welcome.

[Keeping Youth Drug-Free](#) this resource guide for parent's offers advice on keeping children substance free. Review statistics about adolescent substance use, and learn tips on good communication. The guide also features substance facts and case studies for additional insight.

[Learn About Marijuana Risks](#) information on the risks of use that can impact a person's health and life.

[Nick's Network of Hope](#) awareness, resources and education about life issues and challenges with an emphasis on suicide prevention.

[The Parent Post Newsletters](#) survey data show most local teens are substance-free. Parents who learn about the risks and talk with their kids can share with them the laws around hosting parties, curfew, the rules for new drivers and more. Each issue covers a different topic to keep teens safe and healthy.

[Marijuana Talking Tips for Adults](#) Colorado Dept. of Public Health campaign provides information on keeping marijuana from underage use and adherence to the laws by adults.

## **Talking to Your Teen About Important Topics**

[13 Reasons Why](#) talking with your teen about the show *13 Reasons Why*, suicide prevention, and resources for those in crisis.

[Alcohol](#)

[Coping with Loss and Grief](#)

[2023-2024 Guidelines for Parties and the Laws: A Practical Guide for Parents](#)

[Marijuana](#)

[Talking With a Teen or Young Adult About Drugs and Alcohol](#)

[Parenting and Suicide Prevention, American Academy of Pediatrics](#)

[How to Help Your Teen Cope with the Death of a Friend](#)



## **Intervention and Treatment**

[Connect for Life](#) the Naperville Police Department seeks to reduce the impact of addiction in Naperville by facilitating an immediate connection to treatment for those seeking help for their addiction.

[HopeDupage.org](#) Heroin/Opioid Prevention and Education Taskforce.

[How do I know if my child is using?](#) provides information on warning signs, behavior changes, setting limits and tips on how to take action from The Partnership at DrugFree.org.

[How do I find a treatment program that's right for my child?](#)

[Illinois Helpline for opioids and other substances](#) provides a confidential outlet for individuals experiencing opioid use disorders, their families and anyone affected by the disease 24 hours a day, seven days a week. Call 1-833-2FINDHELP

[The Truth Initiative E-Cigarette/Vaping Quit Resources](#)

Parents and other adults looking to help young people quit should text "QUIT" to (202) 899-7550

Youth and young adults can access the e-cigarette quit program by texting "DITCHVAPE" to 88709

## **Where can families get support?**

It is important for all members of a family to stay healthy when a loved one is dealing with substance use. We encourage you to take advantage of counseling and support groups.

[Al-Anon](#)

[Alateen](#)

[Alcoholics Anonymous](#)

[Marijuana Anonymous](#)

[Narcotics Anonymous](#)

[Parent Cafe at Rosecrance](#)

2135 CityGate Ln, Suite 300, Naperville, IL

Tuesdays, 6:45-8:15pm, free to attend

(815) 387-5615

[Stories of Hope](#)



# Volunteer Opportunities for Teens

DuPage Children's Museum offers [volunteer opportunities](#) for teens.

Edward-Elmhurst Hospital offers a variety of volunteer opportunities for adults and students. For more information on the teen volunteer program, visit [Edward-Elmhurst's website](#) or call 630-527-3222.

[KidsMatter](#) offers a Volunteer Fair every fall and a Job Fair every spring for students in 6th-12th grade to find out about ways to volunteer with local nonprofit agencies or find a summer job.

[Loaves and Fishes](#) offers various opportunities for teens to get involved.

Naperville Area Humane Society's volunteer program is open to anyone 10 years or older with a willingness to work on behalf of cats and dogs. Kids 10 to 15 years old are welcome to volunteer as long as they have an adult sponsor to volunteer with them, according to the [NAHS website](#).

Naperville Park District has a large selection of activities and sports for all members of the family. [See their Program Guides for details](#).

Naperville Public Library offers a variety of programs and volunteer opportunities at each of their 3 locations. Check out their website for [upcoming events and programs](#).

[Naperville Operation Snowball](#) 360 Youth Services partners with Districts 203 & 204 to offer a youth leadership development and substance use prevention program that provides a safe and respectful environment for high school students to learn and grow.

[Safety Town](#) offers a wide variety of ways for teens to get involved in the community.

YMCA offers local programs at a Naperville location [Fry Family YMCA](#) on 95th St.

[The Youth Advisory Committee \(YAC\)](#) provides high school students the opportunity to develop leadership skills while making a positive impact on the community through substance use prevention activities.

Please visit [Volunteer Match](#) for additional volunteer opportunities.

## Other Community Information

### [Career Vision](#)

526 N Main St, Glen Ellyn, IL 60137  
(630) 469-6270

### [Changing Children's Worlds Foundation](#)

411 Stevens St, Geneva, IL 60134  
(630) 909-9411

### [COD Career Services](#)

425 Fawell Blvd, Glen Ellyn IL, 60137  
(630) 942-2230

### [Career & Networking Center](#)

1815 W Diehl Rd, Suite 900, Naperville, IL 60563  
(630) 961-5665

[The Disability Benefits Help](#) page has local information and help for persons with disabilities.

[Illinois Coalition for Immigrant and Refugee Rights](#) provides immigrants and refugees with a list of available services, resources, and programs.

[FoodThing Network](#) is a non-profit mobile food co-op that supplies fresh, and organic food to the community. Four distributions weekly across sites in Naperville, Lombard, and elsewhere.

[Loaves & Fishes](#) provides food and leadership in the community by uniting and mobilizing resources to empower people to be self-sufficient.

[The Metropolitan Asian Family Services \(MAFS\)](#) provides comprehensive & integrated Social Services to the Immigrant population of India, Pakistan, Bangladesh, the Middle East & European countries.

Naperville Public Library - [Naper Boulevard Library](#) 2035 S Naper Blvd, Naperville, IL

Naperville Public Library - [95<sup>th</sup> Street](#) 3015 Cedar Glade Rd, Naperville, IL

Naperville Public Library - [Nichols Library](#) 200 W Jefferson Ave, Naperville, IL

[Naperville Responds for Veterans](#) has a list of services and organizations for assisting local veterans.

[People's Resource Center](#) meets basic needs, including food, clothing, and rent assistance, and offers skill-building resources, such as literacy classes, job assistance, computer training and art to residents of DuPage County.

[Ride DuPage](#) offers transportation for income eligible DuPage County residents.

[DuPage County Continuum of Care](#) supportive strategies to end homelessness in DuPage County.

[DuPage Pads](#) interim overnight housing and support services.

[360 Youth Service Housing](#) for those experiencing homelessness, 360 Youth Services offers transitional housing for those aged 18-24 for 18-24 months and short-term group housing for boys 13-17. Information is provided on resources, the Rapid Rehousing program, LGBTQ+ housing, donations and more.

[workNet DuPage Career Center](#)

2525 Cabot Dr, Suite 302, Lisle, IL 60532  
(630) 955-2030

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