

2022

Annual Report



Youth
Services™

Transforming Lives

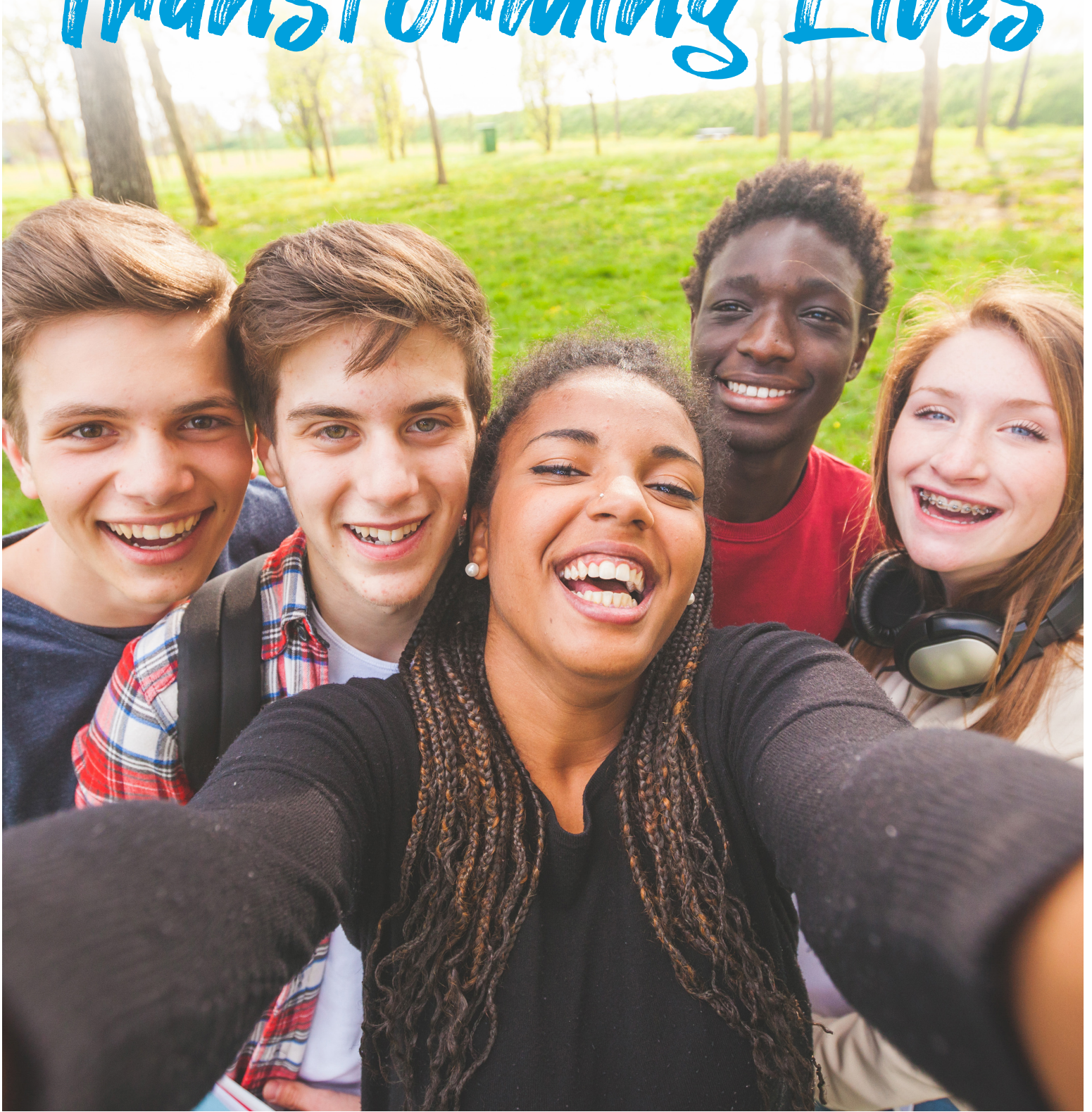


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MISSION

To provide life-changing services to youth through substance use prevention education, counseling, and housing.

VISION

A community where all youth possess the necessary skills to successfully navigate life's challenges.



Letter from the Executive Director

What a difference a year makes. I celebrated my one-year anniversary with 360 Youth Services in April 2023. A lot has transpired during my first year, transforming me and energizing my dedication to 360's mission. With an invigorated team made up of new and veteran staff, we are revitalized and dedicated to providing services for our community. As we move forward, our mission will always be our guide, as services continue to grow and our reach extends beyond our noble beginnings. This coming year's focus is on re-engaging the community more fully.

360 continues to be a pioneer in our community; providing housing for youth experiencing homelessness, school-based, crisis and youth and family counseling, and substance use prevention education services.

360's Counseling services continue to grow and extend its reach in DuPage and the surrounding counties. Thanks to our valuable community partners, we continue to provide these essential services during this unprecedented time of mental health needs for youth. The pandemic significantly impacted our youth and systems, resulting in many ongoing challenges, making us more dedicated and equipped to meet with our youth and families.

360's Prevention initiatives remain active, providing evidence-based prevention and awareness through in-school programming, public service campaigns, youth leadership opportunities, and of course our Operation Snowball program.

360's Housing initiatives continue to serve high-risk and homeless youth in DuPage and Kane counties. We utilize positive youth development to help young people access housing, support services and skills needed to break the cycle of homelessness.

As always, 360 serves as an affirming and supportive voice for all high-risk youth populations, including youth of color and those who identify as LGBTQ+. Our youth need to be met where they are and given loving and affirming care, without judgment or qualification.

As of April 1, 2022, 360 Youth Services entered into a formal partnership with Lutheran Child and Family Services of Illinois (LCFS); who assumed administrative support and governance of 360. Both organizations see this as a mutually beneficial arrangement and are committed to working together to strengthen and grow the youth and family-centered prevention, counseling, and housing programs provided by 360.

Our organizations have missions, values, and commitments that are in strong alignment. We are both DCFS licensed child welfare agencies and have each been awarded the Human Rights Campaign's All Children – All Families Innovator Seal by demonstrating a commitment to providing LGBTQ+ inclusive services and leadership.

The organizational and infrastructure stability that our relationship with LCFS provides cannot be understated. LCFS, with locked arms to 360, will continue to do grassroots expansions, identifying roles and niches where we, as a larger organization, can provide holistic services and awareness for youth across Illinois. 360 remains an independent non-profit for all grants and fundraising purposes and will continue to look to the people of our community to partner with us to ensure our youth have these essential and life-changing services.

Lastly, I wish to give a heartfelt thank you to all our donors and stakeholders who have continued to support 360's mission. We could not meet the needs of the youth and families we serve without your partnership, leadership, and guidance. I personally hope that you will continue to invest your time, talents, and/or treasures to help 360 make an impact on the lives of the youth in our communities. We will be reaching out and seeking your guidance in the future, as we begin rebuilding our team of community advisors, partners and supporters.

Let's continue to transform lives together.

Scot Thurman, J.D., M.A., PhD.
Executive Director
He/Him



Leadership Team



Scot Thurman, J.D., M.A., PhD.
Executive Director
He/Him



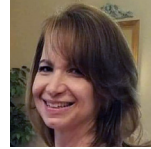
Brea Hayes
Development Director
She/Her



Karen Jarczyk, LSW
Prevention Director
She/Her



Stephen H. Garlington, MSW, LCSW
Clinical Director
He/Him



Valerie Tawrel, MHS, CADC
Housing Director
She/Her

Board of Directors



Mike Bertrand, MSW, LCSW
He/Him



William Geis
He/Him



Beverly Jones, MSW, ACSW
She/Her



Dhiren Shah, CMA, CPA
He/Him



Cheryl Wendt
She/Her

Counseling: Navigating Life's Challenges

360 Youth Services' counseling staff are often meeting youth at a crucial time in their lives. Sometimes this is during a time of transition or crisis. 360 believes that children, families and young adults already have most of the tools they need to lead successful and fulfilling lives. Trained counselors offer support and intervention, teach skills, empower individuals, and help families navigate life's challenges. Counseling services are open to all youth between the ages of 10 to 25 and their families.

Additionally, 360 provides emergency stabilization, follow-up counseling and supportive services for youth, ages 11-17 years old, who have runaway, are unable to go home, or who are at risk for involvement in the juvenile justice or child welfare systems.

LGBTQ+ culturally competent care is also a hallmark of 360's counseling services.

Our therapists meet youth where they are at and support their rights to explore, identify and express who they are. Some LGBTQ+ youth experience trauma or rejection and want to find a way to process and cope with what has happened to them. Other youth and families need help navigating the coming out process together.



461 lives impacted through counseling sessions last year.

16 local schools provided with counseling services last year.

5,583 counseling sessions held last year.

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Housing: Safe & Affirming Housing is a Human Right

360 Youth Services is proud to offer housing to youth experiencing homelessness. Through our Emergency Youth Shelter, Transitional and Rapid Rehousing Programs, and Cornerstone Group Home, we serve young people ages 13 to 24 and work side-by-side with them to ultimately transition to independence. Our programs use Housing First practices and the lens of harm reduction, trauma-informed care; we affirm BIPOC and LGBTQ+ individuals and utilize positive youth development to help young people access housing, support services and skills needed to break the cycle of homelessness.



**COMMUNITY NETWORKS
OF ILLINOIS**

DUPAGE COUNTY CHAPTER

SUPPORTING LGBTQ+ YOUTH

Rapid Rehousing

- One of the first rapid rehousing programs for youth in Chicagoland, and the first in DuPage County
- Designed to help youth quickly exit homelessness and enter or return to permanent housing
- Prioritizes youth who don't need intensive and ongoing support
- Tailored to the unique needs of each youth based on preferences and financial resources

Cornerstone Group Home

- Short-term, residential group housing for youth-in-care boys ages 13 to 17
- Youth are unable to live with their families due to circumstances such as abuse, drug use, emotional or behavioral instability, or other mental health issues
- Provides a safe and welcoming home environment
- Offering counseling and life skills groups
- Tangential goal is to prevent further involvement in the juvenile justice or child welfare systems

59 youth experiencing homelessness were provided with safe housing through the Transitional Housing Program.

Transitional Housing

- 18 to 24 months of housing for youth ages 18 to 24 who are experiencing homelessness
- Offering safe and stable apartments
- Offers a structured program designed to help youth make improvements towards independence
- Focuses on education, employment, and other life skills
- Goal is to graduate into permanent housing with ability to live independently

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Emergency Shelter

- In response to the rise in youth homelessness during the COVID-19 pandemic, 360 launched an Emergency Shelter Hotel Program in January 2021
- We provide hotel rooms in DuPage County for youth ages 18-24 who are experiencing homelessness
- Our goal is to quickly bring youth sleeping outside or in their vehicles into a safe and warm environment
- Residents are linked to case management, life skills and access to public benefits while waiting for more stable housing options in transitional or rapid rehousing programs

A Life Transformed

Michael (not his real name) came to 360's housing program because he had nowhere else to go. While in the program, he was committed to improving his financial situation. 360 staff connected Michael with financial education to support him in reaching his goals. He spent his time in the program working on paying down his debt. 360 also encouraged Michael to think about his future. He was able to independently study for and obtain his insurance license. When Michael was finally ready to transition out of the housing program, he acquired a rental unit without any assistance, had improved his credit score to 780 and is now doing great on his own.

11,600+ nights of shelter provided through 360 Housing Programs.

36 youth completed their stay and transitioned on to other safe, stable housing.



Prevention: Building Resilient Youth

The prevention staff at 360 Youth Services works proactively to provide teens and parents information, education and resources with the goal of preventing and reducing youth substance use. We know that prevention works. Local data reflects the effectiveness and those impacted.

360 Youth Services wants teens and families to know they do not need to be alone in their challenges. Teens tell us that their parents are their number one influencers. By sharing the good news about the healthy choices most young people make, educating about healthy options, providing tools for early and ongoing family affirmation and conversation related to healthy coping and stress management, our team works to provide support for all middle school and high school students and their parents.

360 Youth Services works with school and community partners, providing leadership for community-wide programs including The Power of Choice, Naperville Operation Snowball and the Community Alliance for Prevention, serving 25,000 sixth-twelfth graders annually. Youth Prevention Education classes including Too Good for Drugs, E-Cigarettes/ Vaping Prevention, prescription medication safety through My Generation Rx, and Breaking Through Stress reached over 1,500 students. Using evidence-based strategies and best practices, these youth initiatives are building resilience and reducing substance use rates in our community.

25,000 sixth-twelfth graders served annually through community-wide programs.

OPERATION SNOWBALL

Operation Snowball:

Snowball is a fun, engaging, and popular youth leadership development, mental health awareness, self-care and substance use prevention program. 360 Youth Services partners with Districts 203 and 204 to coordinate this teen-led and adult guided program for area high school students.

251 youth participants



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COMMUNITY ALLIANCE FOR PREVENTION **YOUTH ADVISORY COMMITTEE**

Community Alliance for Prevention & Youth Advisory Committee:

A community-wide collaboration of 40+ partners and 21 YAC teens using evidence-based strategies to create meaningful change. Among the programs the Alliance implements are parent marijuana education campaigns to reduce youth marijuana use and community-wide prescription safety initiatives like, Secure, Monitor and Dispose in Naperville and DuPage Aurora.

11 million PSA media impressions



THE POWER OF CHOICE

Power of Choice:

The Power of Choice is a campaign supporting students, schools, and parents, focusing on building resilience and providing education to increase the number of students making healthy choices regarding alcohol and vaping of nicotine and THP. 360 collaborates with Districts 203 and 204 and community partners to provide these communication campaigns.

46,328 individuals reached

A Heartfelt Thank You

We are so grateful for everything you share with us. Because of your generosity, we are able to fully meet young people where they are at and provide the care they need. Our donors bring heart and healing to our young people.

Because of you...

500+ youth we served knew someone cared thanks to the pizza parties, special treats, holiday meals and BBQs that you made happen.



89 youth had presents under a tree and a stocking hung with care.

174 youth were provided with warm clothes and essentials this winter.

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52 LGBTQ+ youth in our housing programs received extra love and care throughout a tough holiday season with cards and notes of affirmation.

Thank you for your generosity and support. You made them feel a little less alone and a lot more loved.

FY22 Financial Snapshot

July 1, 2021 – June 30, 2022

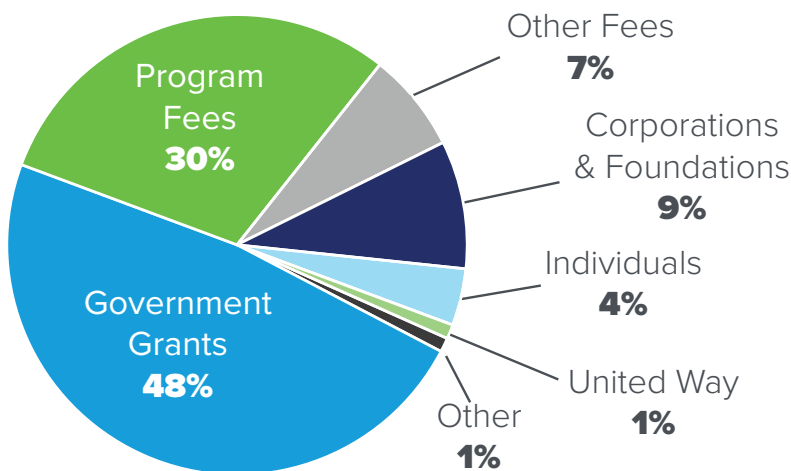
REVENUE, GAINS, & OTHER SUPPORT

Government Grants	\$1,934,228
Program Fees	\$1,198,065
Other Fees	\$299,477
Corporations & Foundations	\$385,325
Special Events	\$9,598
Individuals	\$157,900
United Way	\$46,976
Service Clubs and Faith Groups	\$23,759
Investment Gains (Loss)	(\$67,144)
Total Revenue, Gains, & Other Support	\$3,988,184

EXPENSES

Prevention	\$823,619
Counseling	\$718,123
Cornerstone Group Home	\$781,702
Transitional Housing	\$1,189,714
Total Program	\$3,513,158
Management & General	\$480,515
Fundraising	\$327,568
Total Expenses	\$4,321,241

Net Operating Income (Loss) (\$333,057)



FUNDRAISING & ADMINISTRATIVE RATIO

vs Program Expenses 23.0%

vs Total Expenses 18.7%

360 Youth Services was acquired by Lutheran Child and Family Services of Illinois as of April 1, 2022. This financial snapshot is an abstract from 360 Youth Services' audited consolidated financial statements for the period of July 1, 2021 to March 31, 2022 combined with 360 Youth Services revenue and expenses for the period of April 1, 2022 to June 30, 2022 included in Lutheran Child and Family Services of Illinois' audited consolidated financial statements.

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